

US East Coast T'ai Chi Summer Training
August 5-12, 2018
Easthampton, Massachusetts



Please join us for a summer T'ai Chi training in 2018! We will gather this summer at the Williston Northampton School in western Massachusetts. Classes will include T'ai Chi form, Qigong, Hawaiian swimming, push hands, sword form and fencing. We welcome everyone, beginners and advanced students alike.

Practicing every day, away from the concerns of daily life and supported by the entire group, students can reach new levels of understanding and growth. Come and enjoy friendly gatherings at meals, between classes, and at our varied evening programs.

For details, see our website: www.taichifoundation.org.

Tai Chi
Tai Chi Foundation &
School of Tai Chi Chuan